WHAT IS CLAIMED IS:

1. An optical sensor for detecting a target comprising a single-stranded aptamer complementary to said target, and a water-soluble cationic polythiophene derivative of the following formula:

wherein "n" is an integer ranging from 6 to 100.

- 2. An optical sensor as defined in claim 1, wherein said target is selected from the group consisting of potassium ions, small organic molecules, amino acids, proteins, whole cells and nucleotides.
- 3. An optical sensor as defined in claim 1, wherein said aptamer is an oligonucleotide.
- 4. An optical sensor as defined in claim 3, wherein said oligonucleotide is single-stranded DNA.
- 5. An optical sensor as defined in claim 4, wherein said single-stranded DNA has the following sequence:

5'-GGTTGGTGTGG-3'.

- 6. An optical sensor as defined in claim 5, wherein said target is human α -thrombin.
- 7. An optical sensor as defined in claim 4, wherein said single-stranded DNA has the following sequence:

5'-ATTATACCTGGGGGAGTATTGCGGAGGAAGGTATAAT-3'.

- 8. An optical sensor as defined in claim 7, wherein said target is D-adenosine.
- 9. A method for detecting a target comprising the steps of:
 - a) contacting a sample suspected of containing the target with an optical sensor, said optical sensor including a single-stranded aptamer complementary to said target, and a water-soluble cationic polythiophene derivative of the following formula:

wherein "n" is an integer ranging from 6 to 100; and

- b) detecting binding of the aptamer to the target by measuring an optical signal.
- 10. A method as defined in claim 9, wherein said optical signal is a UV-Visible absorption or fluorescence spectrum.
- 11. A method as defined in claim 10, wherein said target is selected from the group consisting of potassium ions, small organic molecules, amino acids, proteins, whole cells and nucleotides.
- 12. A method as defined in claim 10, wherein said aptamer is an oligonucleotide.
- 13. A method as defined in claim 12, wherein said oligonucleotide is single-stranded DNA.

14. A method as defined in claim 13, wherein said single-stranded DNA has the following sequence:

5'-GGTTGGTGTGGT3'.

- 15. A method as defined in claim 14, wherein said target is human α -thrombin.
- 16. A method as defined in claim 13, wherein said single-stranded DNA has the following sequence:

5'-ATTATACCTGGGGGAGTATTGCGGAGGAAGGTATAAT-3'.

- 17. A method as defined in claim 16, wherein said target is D-adenosine.
- 18. A method for detecting a target comprising the steps of:
 - a) contacting a sample suspected of containing the target with an aptamer known to be complementary to the target;
 - b) further contacting the sample with a water-soluble cationic polythiophene derivative of formula:

wherein "n" is an integer ranging from 6 to 100; and

- c) detecting binding of the aptamer to the target by measuring an optical signal.
- 19. A method as defined in claim 18, wherein said optical signal is a UV-Visible absorption or fluorescence spectrum.

- 20. A method as defined in claim 19, wherein said target is selected from the group consisting of potassium ions, small organic molecules, amino acids, proteins, whole cells and nucleotides.
- 21. A method as defined in claim 19, wherein said aptamer is an oligonucleotide.
- 22. A method as defined in claim 21, wherein said oligonucleotide is single-stranded DNA.
- 23. A method as defined in claim 22, wherein said single-stranded DNA has the following sequence:

5'-GGTTGGTGTGG-3'.

- 24. A method as defined in claim 23, wherein said target is human α -thrombin.
- 25. A method as defined in claim 22, wherein said single-stranded DNA has the following sequence:

5'-ATTATACCTGGGGGAGTATTGCGGAGGAAGGTATAAT-3'.

- 26. A method as defined in claim 25, wherein said target is D-adenosine.
- 27. Use of an optical sensor comprising a single-stranded aptamer and a water-soluble, cationic polythiophene derivative of formula:

wherein "n" is an integer ranging from 6 to 100, for detecting a target, said aptamer being complementary to said target.

- 28. A use as defined in claim 27, wherein said target is selected from the group consisting of potassium ions, small organic molecules, amino acids, proteins, whole cells and nucleotides.
- A use as defined in claim 28, wherein said aptamer is an oligonucleotide.
- 30. A use as defined in claim 29, wherein said oligonucleotide is single stranded DNA.
- 31. A use as defined in claim 30, wherein said single stranded DNA has the following sequence:

5'-GGTTGGTGTGG-3'.

- 32. A use as defined in claim 31, wherein said target is human α -thrombin.
- 33. A use as defined in claim 30, wherein said single-stranded DNA has the following sequence:

5'-ATTATACCTGGGGGAGTATTGCGGAGGAAGGTATAAT-3'.

- 34. A use as defined in claim 33, wherein said target is D-adenosine.
- 35. A method as defined in claims 15 and 24 wherein said human α -thrombin is present in an amount of at least 2 x 10⁻¹⁵ mol.
- 36. A method as defined in claims 17 and 26 wherein said D-adenosine is present in an amount of at least 2×10^{-14} mol.